



PSI Seminars

PsychoSomatic Integration: Advanced Training in Trauma Treatment

*with Dr. Judy Lightstone, founder & director Auckland
PSI Institute, PhD specialism in Trauma Psychology, NZ
Psychologist, California Marriage & Family Therapist,
teaches, consults, and provides supervision internationally.*



PSI Seminar Part 1

20 hours of small group seminars

PsychoSomatic Integration (PSI™) integrates bodily mindfulness, ego state mapping & contracting, systems, sequencing, and EMDR derivatives to empower clients to master their dissociation patterns and process trauma along the full dissociative continuum. Blends lecture with experiential exercises, live, audio, video demonstrations and case presentations

When and where:

Online beginning February 2014: Schedule based on needs of each group. Minimum 5 people to a group meeting together (anywhere but must gather in the same locale to Skype me in. 4 hour seminars meet monthly starting February.

Auckland Beginning May 2014: Monthly 4 hour meetings begin the week of 5 May.

Cost: \$650 (or \$600 for early payment before 5 April 2014)

Prerequisite: [Working with Dissociation](#) or equivalent in study/experience

Testimonial from Past Participant

"Judy is an extraordinary professional who successfully integrates academic knowledge, relevant and interesting teaching methodologies in conjunction with fascinating practice wisdom.

----Serafin Dillon, NZ Psychologist, Manukau DHB & Melbourne Royal Children's Hospital

PSI Seminar Part 2 Practice & Supervision Group ***-Ongoing****

Master the PSI Protocol for working with clients along the full dissociative continuum; integrate "parts work" with somatic, systems, and relational therapies; and work with psychological and somatic transferences/counter-transferences. The seminar blends group supervision, supervised practice role-play and live demonstrations.

Testimonial from past participant

"This has given me huge insight and enabled me to make many connections. Judy's training is sensitive, compassionate and intellectual - she brings this together with the skill of being a wise and interested trainer."

--Henrietta Politano, NZ Registered Psychotherapist, Whangarei

When and where: Auckland February 2014

When and where: Auckland August 2014

Meet fortnightly in 2 hour small group sessions on an ongoing basis. Times and days are decided by participants. Payment is for 3 months of groups in advance

Cost:

Early Registration Fee: \$360 (pays for 6 sessions) if received by 13 January (for February group) or 4 July (for August group) \$400 if paid after early bird date

Prerequisite: [PSI Seminar Part 1](#)

****Those who take PSI Seminar 2 and continue until they are able to demonstrate their mastery of PSI will receive a Certificate of Competence and will be able to promote their practice on the PSI Institute website.****

For more Information: 027 657 2106

jlightstone@gmail.com

www.psychotherapist.org/cpd.htm

REGISTRATION FOR PSI SEMINARS

Please circle the workshop/s and cost as appropriate

Start Date	Seminar	Deposit*	Early Bird	Full
Online February 2014	PSI Seminar Part 1	\$150	\$600 (13 January)	\$650
Auckland February 2014	PSI Seminar Part 2	\$150	\$360 (13 January)	\$400
Week of 5 May 2014*	PSI Seminar Part 1	\$150	\$600 (12 April)	\$650
Week of 4 August 2014**	PSI Seminar Part 2	\$100	\$360 (1 July)	\$400

*Your deposit holds a space for you and is refundable if schedule doesn't work out

NAME		POSITION/WORKPLACE
CURRENT CLINICAL PRACTICE		POSTAL ADDRESS
SUBURB	CITY	POST CODE
MOBILE PHONE	LAND LINE	EMAIL

PAYMENT (please circle your choice of seminar/s)

_____ PSI 1 Early Bird \$600

February Online May Auckland

_____ PSI 1 Full \$650

_____ *PSI 2 Early Bird \$360

Auckland February Auckland August

_____ PSI 2 Full \$400

Cheque (Please make cheques to Judy Lightstone and post to: 26/457 Swanson Rd., Ranui, Auckland 0612)

Direct Credit: account # 02-1206-0033961-000 *Please reference with PSI Seminar and your surname*

Please send me an invoice (include email address above)

Total Paid: \$ _____

*Ongoing, paid in advance for a series of 6 fortnightly 2 hour small group meetings. First series starts the week of 4 August 2014. Time and day of the week to be decided by participants