



PSI Seminars

Psycho-Somatic Integration: Advanced Training in Trauma Treatment



With Dr. Judy Lightstone, founder & director Auckland PSI Institute, PhD specialism in Trauma Psychology, NZ Psychologist, California Marriage & Family Therapist

PSI Seminar Part 1 20 hours of small group seminars

PSI (Psycho-Somatic Integration) Seminar teaches you to use an integration of bodily mindfulness, ego state mapping & contracting, somatic sequencing, and EMDR derivatives, to empower clients to master their dissociation patterns and process trauma along the full dissociative continuum. Blends lecture with experiential exercises, live, audio, video demonstrations and case presentations

When: Two weekends (Saturday/Sunday) from 9AM-3PM on 12 & 13 November and 2016 and 3 & 4 December 2016

Where: Auckland

Cost: \$645 (or \$600 early bird, or \$550 pp Group NGO rate) with payment by 17 October 2016)

Prerequisite: [Working with Dissociation](#) or equivalent

Testimonials for PSI Seminars

"This has given me huge insight and enabled me to make many connections. Judy's training is sensitive, compassionate and intellectual - she is a wise trainer."

--Henrietta Politano, NZ Registered Psychotherapist, Whangarei

"Judy is a seasoned professional working with trauma and dissociation. She is dedicated to her work, her colleagues, and her clients. Over the years she has integrated the many new developments in the treatment of people who have traumas of all kinds, and is in an excellent position to develop and coordinate training for other professionals in this area."

- Lynette Danylchuck, Chair of Professional Training, Board of Directors, ISST&D (International Society for the Study of Trauma and Dissociation)