

NZAC Auckland presents:

Working with Dissociation

a 2 day workshop with Dr Judy Lightstone

Experience exercises and techniques directly through role-plays, live, and video demonstrations that you can immediately apply to your practice

Prerequisite: Working with Complex Trauma (or the equivalent)

Learn to:

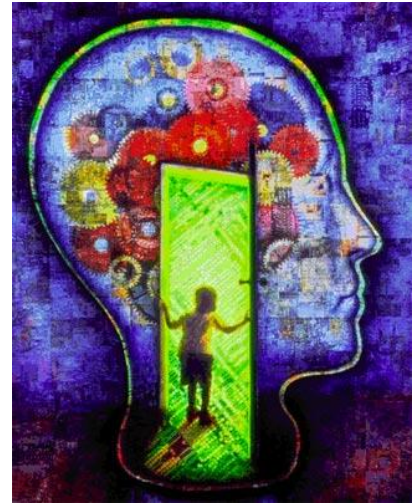
- Contain traumatic flooding using metaphor and transference
- Use mapping to assess, gain access to, and contract with ego states
- Appropriately pace abreactive work with ego states
- Work with the challenges of delayed recall of abuse

And gain an overview of working through and reintegrating lost memories, feelings, and parts of the self

Endorsements:

- *This has given me a new way to present hope to families, children and individuals through education and mapping. Content was clear and Judy supported the group to stay on task. – Shirley Hunt, Social worker/therapist at Wellstop, New Plymouth*
- *Judy has integrated the many new developments in the treatment of people who have suffered traumas of all kinds and is in an excellent position to develop and coordinate training in this area -- Lynette Danylchuck, Psychologist, President, ISST&D (International Society for the Study of Trauma & Dissociation)*

Fee: See registration form for fee structure.



When and Where:

Friday 27th & Saturday 28th October 2017 - 10am – 5pm
Potters Park Event Centre (within the Auckland Deaf Society Building), 164 Balmoral Rd, Balmoral, Auckland - off street parking available

Judy Lightstone is the founder and director of Auckland PSI (Psychosomatic Integration) Institute LTD™, and has been providing clinical training and supervision for the past 31 years. She has a PhD with a specialism in Trauma Psychology, is a NZ Registered Psychologist and EMDR Institute Approved Facilitator. She teaches, consults, and provides supervision internationally.

ENROLMENT FORM

Working with Dissociation – 27-28 October 2017

Complete the registration form below and send to:

Cathy Readhead, C/o 77 Halsey Drive, Lynfield, Auckland 1042

Ph: 09 627 1488, or e-mail: aucklandpd@xtra.co.nz

Please be advised:

- ❖ *Your place at this workshop will not be firm until your registration form and payment have been received.*
- ❖ *No refunds will be given within 48 hours prior to the course beginning however exceptions will be considered on a case by case basis.*
- ❖ *If you are unable to attend, please endeavour to contact us at least 24 hours prior to the course beginning.*

Name: _____

Address (include post code): _____

Phone: (wk) _____ (mob) _____ (hm) _____

E-mail: _____

Special Dietary Requirements: _____

Please tick:

Early Bird fee before Friday 29th Sept 2017: **\$260 (NZAC Member):** ☐ **\$300 (Non-Member):** ☐

Full fee after Friday 29th Sept 2017: **\$320 (NZAC Member):** ☐ **\$360 (Non-Member):** ☐

Payment Options: (Please tick)

Cheque enclosed: (payable to NZ Association of Counsellors) ☐

Internet Banking: (BNZ 02 0192 0142088 01) - *please use your name and 'Dissoc 17' as a reference*

Date paid: _____ Amount paid: _____ ☐

If receipt is required, please tick the box ☐

If an invoice is required prior to payment, please tick the box and provide the following details ☐

Invoice to: _____

Attention: _____

Email: _____ Phone: _____